

Your doctor has ordered the following procedures for you.

We have scheduled them for the following dates and times:

• PROCEDURE (1) _____

DATE _____ ARRIVAL TIME _____

• PROCEDURE (2) _____

DATE _____ ARRIVAL TIME _____

• PROCEDURE (3) _____

DATE _____ ARRIVAL TIME _____

• PROCEDURE (4) _____

DATE _____ ARRIVAL TIME _____

○ FOLLOW-UP/OFFICE VISIT DATE _____ TIME _____

INSTRUCTIONS FOR PROCEDURE(S)

- ♦ **Please Plan To Be At Our Office For A Minimum Of 2 Hours.**
- ♦ **We can offer valium preoperatively for any spinal procedure to help reduce anxiety however, a driver will be required to accompany you, remain on the premises during the entirety of the appointment, and home. If you defer oral sedation such as valium preoperatively you may drive yourself home and will not require a driver to be present.**
- ♦ **Only clear liquids after midnight the night before. If you are having your procedure in the afternoon, only clear liquids less than 6 hours before your procedure time.**
- ♦ **Take routine medication the morning of procedure.**
- ♦ **If on INSULIN: Only take ½ of insulin dose the day before procedure and **DO NOT** take insulin the morning of procedure.**
- ♦ **If you take BLOODTHINNERS, please inform the nurse **BEFORE YOUR PROCEDURE!****
- ♦ **If you are of child-bearing age, and have not had a hysterectomy or tubal, please let the nurse know. Lab will need to be performed 24 hours before procedure.**

Please notify office at least 48 hours before procedure(s) if you are unable to keep your appointment(s).



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